

SOAR for Youth
Foster Youth Pre-Collegiate Academy at Cal
2020 SOAR To College Academy (for Fourth Year Students) Tentative Schedule

	Sunday August 2	Monday August 3	Tuesday August 4	Wednesday August 5	Thursday August 6	Friday August 7	Saturday August 8
08:00 - 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45 - 09:00		Walk to Class	Walk to Class	Travel	Walk to Class	Walk to Class	Pack
09:00 - 10:15		Karen Mason College Application 101 (UC, Cal State, Common Application)	Paulina Astafuroff SAT/ACT Tips and Tricks	Travel to and Tour College of Alameda (Leave at 10:15)	Veronica Alexander Financial Aid (FAFSA, Chafee Grant) and Scholarships	Yichen Shepard Understanding Money	Completion Celebration (9:00 - 10:00)
10:30 - 11:45		Lael Adediji EOP and Campus Resources for Foster Youth	Paulina Astafuroff SAT/ACT Tips and Tricks	Travel to and Tour SF City College	Monique Adorno-Jimenez FAB Life	CA Foster Youth Ombudsperson Office AB12 AB175	
11:45 - 12:30		Lunch	Lunch	Travel to Mountain View	Lunch	Lunch	Check Out
12:30 - 01:15		Travel	Travel	Lunch	Travel	Travel	
01:15 - 04:15	Check In, Move to Dorm. Social (3:30 - 4:20)	Hiking And Team Building	Reaching for New Heights	Tour Google Campus (2:00 -3:00)	Moving with Circles	Reflecting Creatively	
04:15 - 04:30	Academy Orientation (4:20 - 4:50)	Return from Outdoor	Return from Outdoor	Return to Academy Location	Return from Outdoor	Return from Outdoor	
04:50 - 05:40	Kim Cohn "Arriving Voice & Body"	Social Get Ready for Class and Dinner	Paulina Astafuroff Post SAT, What is Next	Upon Return Social with Advocates	Social Get Ready for Class and Dinner	Travel to Dinner	
05:40 - 06:30	Dinner	Dinner	Dinner	Dinner with Advocates	Dinner	Dinner	
06:30 - 06:40	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
06:40 - 07:30	Monique Adorno-Jimenez College Options and Post High School Choices	Victor Littles CA Community College System and UC/CSU Guarantee Program	Francesca Weems Personal Statement 101 and College Application Questions	Francesca Weems Personal Statement Writing & Editing	Mark Weyland Virtue and Leadership	TBD (Community Project)	
07:40 - 08:30	Minyon Corcuchia-Garde The Eight Dimensions of Wellness	Minyon Corcuchia-Garde Wellness: Emotional & Spiritual	Minyon Corcuchia- Garde Wellness: Intellectual & Physical	Francesca Weems Personal Statement Writing & Editing	Minyon Corcuchia-Garde Wellness: Environmental & Financial	Minyon Corcuchia-Garde Wellness: Occupational & Social	
08:40-10:00	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation (9 -9:30) Debrief	
10:00 - 10:30	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	
10:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	