

SOAR for Youth
Foster Youth Pre-Collegiate Academy at Cal
2020 Time To SOAR Academy (for Third Year Students) Tentative Schedule

	Sunday July 12	Monday July 13	Tuesday July 14	Wednesday July 15	Thursday July 16	Friday July 17	Saturday July 18
08:00 - 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45 - 09:00		Walk to Class	Walk to Class	Travel	Walk to Class	Walk to Class	Pack
09:00 - 10:15		Kusum Crimmel Restorative Justice Circle	Kusum Crimmel Restorative Justice Circle	Travel (8:45 - 9:30) and Tour Contra Costa College (9:30 - 10:30)	Sharla Walker Effective Presentation	Sharla Walker Effective Presentation	TBD
10:30 - 11:45		Kusum Crimmel Restorative Justice Circle	Kusum Crimmel Restorative Justice Circle	Travel to (10:30 - 11:00) and Tour DVC (11:00 -12:00)	Sharla Walker Effective Presentation	Sharla Walker Effective Presentation	Completion Celebration (11:00 - 12:00)
11:45 - 12:30		Lunch	Lunch	Lunch (12:00 - 12:30)	Lunch	Lunch	Check Out
12:30 - 01:15		Travel	Travel	N/A	Travel	Travel	
01:15 - 04:15	Check In, Move to Dorm. Social (2:30 -3:30)	Hiking and Team Building	Reaching for New Heights	Travel to (12:30 - 1:30), Tour CSEB (1:30 - 2:30) & Return to Academy Location (2:30 - 3:30)	Satise Dizon Moving With Circles	Reflecting Creatively	
04:15 - 04:30	Academy Orientation (3:30 - 4:30)	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	CA Foster Youth Ombudsperson Office "What I need to know about Foster Care"(4:00 - 4:50)	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	
04:50 - 05:40	Kim Cohn "Arriving Voice & Body"	Social Get Ready for Class and Dinner	Lavina Desilva Beyond Emancipation	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	
05:40 - 06:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
06:30 - 06:40	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
06:40 - 07:30	Luke Kreinberg Imaging Yourself in 2025	Madeline Cohen Resume Creation	Jeff Umscheid Joanie Umscheid Job Search and Application Process	Jeff Umscheid Joanie Umscheid Interview Practice	Joe Lewis Tips and Strategies for Career Success	Leah Carig Planned Parenthood "Making responsible choices for your body"	
07:40 - 08:30	Luke Kreinberg Imaging yourself in 2025	Madeline Cohen Resume Creation	Jeff Umscheid Joanie Umscheid Dress for Success Interview Prep.	Jeff Umscheid Joanie Umscheid Interview Practice	Youth Sharing	Andrea P. Diaz A. MISSEY Human Trafficking	
08:40-10:00	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation Debrief	
10:00 - 10:30	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	
10:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	