

**Foster Youth Pre-Collegiate Academy at Cal
2023 SOAR To College Academy (for Fourth Year Students) Schedule**

	Sunday July 9	Monday July 10	Tuesday July 11	Wednesday July 12	Thursday July 13	Friday July 14	Saturday July 15
08:00 - 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45 - 09:00		Walk to Class	Walk to Class	Travel	Walk to Class	Walk to Class	Pack
09:00 - 10:15		Victor Littles CA Community College System and UC/CSU Guarantee Program	Monique Adorno-Jimenez Financial Aid and Scholarships	Travel (8:30-11:00am) Smith Society and Renaissance Scholars (11:00 - 11:45am)	Meghan Henderson Intro to Public Speaking	Cathy Jackson- Gent Banking, Investing, Credit Ratings and Budgeting	Pack and Social
10:30 - 11:45		CA Foster Youth Ombudsperson Office AB12 AB175	Monique Adorno-Jimenez FAB Life	Lunch (11:45am - 12:30pm) Tour UCSC (12:30-1:30pm)	Meghan Henderson Intro to Public Speaking	Yichen Shepard Taxes: What, Why, and How To Do Them	Completion Celebration (11:00 - 12:00)
11:45 - 12:30		Lunch	Lunch	Travel (1:30-2:00)	Lunch	Lunch	Check Out
12:30 - 01:15		Travel (12:30 - 1:15) City College of SF (1:15-2:15)	Travel	CC/Boardwalk (2:00-2:30)	Travel	Travel	
01:15 - 04:15	Check In, Move to Dorm. Social (3:00 - 4:15)	Judge Roger Chan Court Visit (2:30 - 4:00)	Cal Adventures Sea Kayaking	Travel 2:30 - 5:00pm	Cal Adventures Ropes Course	Cal Adventures Paddle Boarding	
04:15 - 04:50	Academy Orientation	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	
04:50 - 05:40	Kim Cohn "Arriving Voice & Body"	Misty Mathiasen Beyond Emancipation ILP Services	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	
05:40 - 06:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
06:30 - 06:40	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
06:40 - 07:30	Monique Adorno-Jimenez College Options and Post High School Choices	Renato P Almanzor Leadership and Empowerment	Lily Colby Personal Statement 101 and College App Questions	Harold Pearson SMART	18 Reasons Emma Hodson Cooking Matters	Anjali Sawhney Knowing Yourself, Coming Back to Your Aliveness	
07:40 - 08:30	Uche Obim College App 101	Renato P Almanzor Leadership and Empowerment	Lily Colby Personal Statement 101 and College App Questions	Harold Pearson Recovery	18 Reasons Emma Hodson Cooking Matters	Anjali Sawhney Knowing Yourself, Coming Back to Your Aliveness	
08:40-10:00	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation & Debrief	
10:00 - 10:30	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	
10:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	