

SOAR for Youth
Foster Youth Pre-Collegiate Academy at Cal
2021 Time To SOAR Academy (for Third Year Students) Tentative Schedule

	Sunday July 18	Monday July 19	Tuesday July 20	Wednesday July 21	Thursday July 22	Friday July 23	Saturday July 24
08:00 - 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45 - 09:00		Walk to Class	Walk to Class	Travel	Walk to Class	Walk to Class	Pack
09:00 - 10:15		Renato P Almanzor What's Difficult	Renato P Almanzor What's Possible	Travel (8:45 - 9:30) and Tour CSEB (9:30 - 10:45am)	Claudia Perkins Effective Presentation	Claudia Perkins Effective Presentation	Pack and Social
10:30 - 11:45		Renato P Almanzor What's Difficult	Renato P Almanzor What's Possible	Travel to DVC (10:30 - 11:45am)	Claudia Perkins Effective Presentation	Claudia Perkins Effective Presentation	Completion Celebration (11:00 - 12:00)
11:45 - 12:30		Lunch	Lunch	Lunch	Lunch	Lunch	Check Out
12:30 - 01:15		Travel	Travel	Tour DVC (12:30 - 1:30pm)	Travel	Travel	
01:15 - 04:15	Check In, Move to Dorm. Social (3:00 - 4:15)	Cal Adventures Sea Kayaking	Cal Adventures Team Building	Travel (1:30 - 2:00) and Tour St. Mary's (2:00 - 3:00) Return to Academy Location (3:00 - 4:15)	Cal Adventures Ropes Course	Cal Adventures Sailing	
04:15 - 04:50	Academy Orientation	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	
04:50 - 05:40	Kim Cohn "Arriving Voice & Body"	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Dinner	CA Foster Youth Ombudsperson Office "What I need to know about Foster Care" 📺	Social Get Ready for Class and Dinner	
05:40 - 06:30	Dinner	Dinner	Dinner	Get ready for interview	Dinner	Dinner	
06:30 - 06:40	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
06:40 - 07:30	Renato P Almanzor What Matters	Sukari Breshears Resume Creation	Jeff Umscheid Joanie Umscheid Job Search and Application Process	Jeff Umscheid Joanie Umscheid Kelly Glynn Interview Practice	Joe Lewis Tips and Strategies for Career Success 📺	Jenn Awa "Making responsible choices for our body"	
07:40 - 08:30	Renato P Almanzor What Matters	Sukari Breshears Resume Creation	Jeff Umscheid Joanie Umscheid Dress for Success Interview Prep.	Jeff Umscheid Joanie Umscheid Kelly Glynn Interview Practice	Academy Youth Sharing	Andrea P. Diaz A. MISSEY Human Trafficking	
08:40-10:00	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation Debrief	
10:00 - 10:30	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	
10:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	